

PRAYATNA – for People with Special Needs



Newsletter – June 2014

The morning of June 5th, Prayatna was once again buzzing with chatter and everyone was glad to meet friends after the summer break.

Our student strength has gone up to 67 with new admissions, and we will be celebrating more birthdays this year. This June; Hasnain, Adil, Burhaan and Rashida grew a year older!! Thank You all for your wishes.

We have started the following **programmes & activities** for the benefit of our students:

Brain Gym: This is a series of simple exercises that helps get more out of an individual's brain and more out of life.

Hydro Therapy: It makes use of the body's reaction to hot and cold stimuli, to the protracted application of heat, to pressure exerted by the water, and to the sensation of the water itself.

Healthy cooking class: Every Tuesday and Friday the students set up The Milestone Station (food stall) as part of their healthy cooking class. This module teaches them hygiene in the kitchen, chopping, cleaning, blending, grinding, serving, money computations and creative thinking.

Visits: Our students enjoy meeting people, and visitors are always welcome.

12th June – As part of their induction programme, 1st year Management students of Symbiosis visited us and spent time with our students in various classes.

17th June – The Hyatt Regency, Pune invited our students as part of their CSR team event. Our students had a great time watching a movie, dancing to music and a yummy lunch of burgers, pastry, fries and pasta.

27 June – Rolling Stone from Mumbai organized a musical event at the school. It was a pleasure to see our students singing along with professional singers. The day ended with their favourite lunch of burgers, fries and dessert.

The Tie & Dye and Masala (ground spices) units are busy as orders are coming in regularly. We thank our volunteers & parents for creating awareness amongst family and friends.

As always, the Trustees are busy brainstorming for the upcoming annual day event in October.

For regular student activities (pictures and updates) please visit our facebook page www.facebook.com/Prayatna4SpecialNeeds